



CARDINAL HEENAN MENU CYCLE WEEK 3



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>CHILLI CON CARNE</u></p> <p>Homemade Chilli Con Carne served with rice and Tortilla Taco's.</p>	<p><u>SALT & PEPPER CHICKEN NOODLES</u></p> <p>Strips of roasted chicken breast with a chilli, salt and pepper seasoning. Served with roasted peppers, onions and egg noodles.</p>	<p><u>BBQ CHICKEN</u></p> <p>Sticky BBQ chicken drumsticks served with savoury rice and corn on the cob.</p>	<p><u>SALT & PEPPER CHICKEN BURRITO</u></p> <p>Fresh Chicken cooked with peppers, onions and seasonings. Served in a tortilla wrap with rice & Peri Peri sauce.</p>	<p><u>FISH & CHIPS</u></p> <p>Fish and Chips served with mushy peas.</p> <p>Curry, Rice and Chips.</p>

DELI BAR, PASTA BAR AND THE HALL

- **BACON & CHEESE PANINIS / CHEESE PANINIS – GRILLED SLICED SAUSAGES IN A LIGHTLY SPICED TOMATO SAUCE WITH PENNE PASTA**
 - **FRESHLY MADE SANDWICHES, FRUIT POTS, SALADS, CAKES AND BISCUITS**

