



**CARDINAL HEENAN MENU CYCLE WEEK 1**



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><b><u>BBQ JERK CHICKEN</u></b></p> <p>Roasted chicken breast marinated with Jerk and BBQ sauce, Served with savoury rice &amp; corn on the cob.</p>	<p><b><u>LASAGNE</u></b></p> <p>Homemade Lasagne/vegetable Lasagne served with garlic bread and freshly steamed vegetables.</p>	<p><b><u>CHICKEN FRIED RICE</u></b></p> <p>Egg fried rice/chicken fried rice, spring onions, soy sauce and Chinese five spice. Served with sweetcorn and peas.</p>	<p><b><u>PUNJABI CHICKEN CURRY</u></b></p> <p>An authentic chicken curry using a variety of fresh herbs and spices, blended with a tomato sauce.</p> <p>Served with rice and naan bread</p>	<p><b><u>FISH AND CHIPS</u></b></p> <p>Fish and Chips served with mushy peas.</p> <p>Curry, Rice and Chips.</p>

**DELI BAR, PASTA BAR AND THE HALL**

- **BBQ CHICKEN PANINIS / CHEESE PANINIS - TOMATO, CHILLI & PEPPERONI PASTA / TOMATO, CHILLI PASTA**
- **FRESHLY MADE SANDWICHES, FRUIT POTS, SALADS, CAKES AND BISCUITS**

