



Cardinal Heenan Catholic High School

Respect Believe Achieve



GCSE Biology – Weekly Quiz Schedule

This schedule is designed to help you to focus your revision each week and weekend for GCSE Biology. The first 4 weeks are based on the most common areas for improvement for the class based on the December mocks. The following will be consolidating knowledge from paper 2.

11E1 will complete on a Thursday and 11W1 will complete on a Wednesday each week during lessons.

You will have a weekly quiz to check this revision.

Date	Topic	Revision YouTube clips	Practice Exam Questions	Sparx Independent learning codes
Monday 5 th January 2026	Coronary heart disease	https://www.youtube.com/watch?v=CFvr_F7M5s4		R583 R806 R244 R667
	Digestive enzymes	https://www.youtube.com/watch?v=6jz9WvfKD Vc		
Monday 12 th January 2026	Food tests	https://www.youtube.com/watch?v=13H1urX3gxl		R647 R379 R917
	Blood Glucose	https://www.youtube.com/watch?v=OHRX3X3LGzl		
Monday 19 th January 2026	Osmosis required practical	https://www.youtube.com/watch?v=vCJVXymXkzM		R110 R949 R175
	Antibiotic resistance	https://www.youtube.com/watch?v=HdroY9UOG9k		

Mock week Monday 26th January 2026

Monday 2nd February 2026	Factors affecting photosynthesis	https://www.youtube.com/watch?v=JOKxRX3fyol		R732 R355
	Ecology sampling techniques	https://www.youtube.com/watch?v=yLHz2Ea10Mg		









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<p>Monday 9th February 2026</p>	<p>Homeostasis</p> <p>Nervous system</p>	<p>https://www.youtube.com/watch?v=XMsj-3qRVJM</p> <p>https://www.youtube.com/watch?v=HiuXfbwND9s</p>		<p>R904 R213</p>
<p>Monday 23rd February 2026</p>	<p>Hormonal coordination in humans (endocrine system)</p> <p>Plant hormones</p>	<p>https://www.youtube.com/watch?v=BvpPCn1rwsW</p> <p>https://www.youtube.com/watch?v=rKHifsHX1aA</p>		<p>R832 R782</p>
<p>Monday 2nd March 2026</p>	<p>Reproduction</p> <p>Variation in species</p>	<p>https://www.youtube.com/watch?v=LgLkt02HI9s</p> <p>https://www.youtube.com/watch?v=VilE5Qz1LS0</p>		<p>R320 R276</p>
<p>Monday 16th March 2026</p>	<p>Genetics</p> <ul style="list-style-type: none"> • Punnet square • Inherited disease 	<p>https://www.youtube.com/watch?v=ww1TQXBQ6wQ</p> <p>https://www.youtube.com/watch?v=mvWY5lbUoHA</p> <p>https://www.youtube.com/watch?v=sYPwWHszLDo</p>		<p>R933 R431</p>
<p>Monday 23rd March 2026</p>	<p>Classification</p>	<p>https://www.youtube.com/watch?v=HLnaIJm5wM4</p> <p>https://www.youtube.com/watch?v=S2O6sVcUtLU</p>		<p>R761</p>
<p>Monday 30th March 2026</p>	<p>Transpiration</p> <p>Translocation</p>	<p>https://www.youtube.com/watch?v=9FTafxnBWQ</p> <p>https://www.youtube.com/watch?v=9yTDokLRZs0</p>		<p>R973 R600 R547</p>



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