



RESPECT  
BELIEVE  
ACHIEVE

## Cardinal Heenan Catholic High School

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Ms K. Smyth Headteacher

FR/LL

9<sup>th</sup> July 2026

Dear Parent/Guardian

### Enrichment and Wellbeing Festival

We are delighted to remind you of our upcoming event, which begins on **Monday 13th July 2026**.

The purpose of the week is to provide a wide range of enrichment opportunities, promote personal development and celebrate your son's efforts and achievements throughout this academic year.

This is our sixth consecutive year of delivering our Enrichment and Wellbeing Festival, and we are pleased to announce that your son will be taking part in the following activities, alongside any external activities or educational visits that have already been communicated to you:

- Humanutopia Workshop – Character and Attitudes
- First Aid, including knife crime awareness and CPR training
- Cells – Crime Prevention
- KABS – Team Building
- Mark Scanlon – Resilience and Fitness
- Anthony Walker Foundation
- Drug Misuse Education (Year 9)
- Keeping Safe Over the Summer
- Talk the Talk – Relationships and Sex Education (RSE)
- Trading Game – Enterprise Workshop
- Emotional Literacy
- Sports Day
- Boxing
- Tae Kwon Do
- Archery
- Playing Safely Online
- Cultural Diversity Celebration
- Positive Male Role Models
- Mental Health Through Sport
- Music
- MasterChef
- Developing Numeracy Through Sport



In addition, pupils have had the opportunity to choose from a range of optional activities, including Art, Music, Video Games Club and Duke of Edinburgh guidance sessions.

If you do not wish your son to take part in any of these sessions, please contact the school as soon as possible.

To support the programme of activities, there will be an **early finish at 2.00pm from Monday to Thursday**, with school finishing at **12.00pm on Friday**. All pupils are expected to wear their **Cardinal Heenan PE kit** throughout the week, however, for the trips own clothes are acceptable.

Please note the following exceptions for pupils attending educational visits, who will return to school later than the normal early finish time:

- Monday, 13th July Year 7 Chester Zoo Trip – approximately 3.30pm
- Tuesday, 14th July Year 8 Blackpool Trip - approximately 5.30pm
- Wednesday, 15th July Year 9 Gravity Max Trip – approximately 3.20pm
- Year 7 Walker Art Gallery Trips (Tuesday and Wednesday) – approximately 2.40pm

We would advise that attendance throughout Enrichment and Wellbeing Festival Week is extremely important. These activities have been carefully planned to provide pupils with valuable learning experiences that cannot be replicated in the classroom. They also create lasting memories and opportunities to develop new skills, friendships and confidence.

We therefore expect all pupils to attend every day, including all scheduled activities and educational visits, unless there are exceptional circumstances. We appreciate your support in helping us achieve 100% attendance so that every pupil can benefit fully from this memorable week.

We are looking forward to a fantastic week of learning, enrichment and celebration, and thank you for your continued support.

Kind regards



Ms K Smyth  
**Headteacher**