



CARDINAL HEENAN CATHOLIC HIGH SCHOOL
SPECIALIST SPORTS COLLEGE

Year 11 Revision Evening 2021 22



What will be happening tonight?

- **Dates for assessment weeks and GCSE exams***
- **Guide to revision (How to use revision materials)**
- **A revision pack with resources to use**
- **Time management**
- **A presentation from English, maths and science**
- **An opportunity to buy revision materials**

Revision and Assessment Weeks – Mock examinations

When?

| | Assessment Week | |
|-----------------------|--|--|
| Assessment Week 1 | 13 th to 17 th December 2021 | |
| Assessment Week 2 | 21 st – 29 th March 2022 | |
| Real GCSE exams begin | 11 th May 2021* | |

What and Where?

- Written test paper under exam conditions in the sports hall
- Practical assessment in the classroom
- Tested on everything covered so far

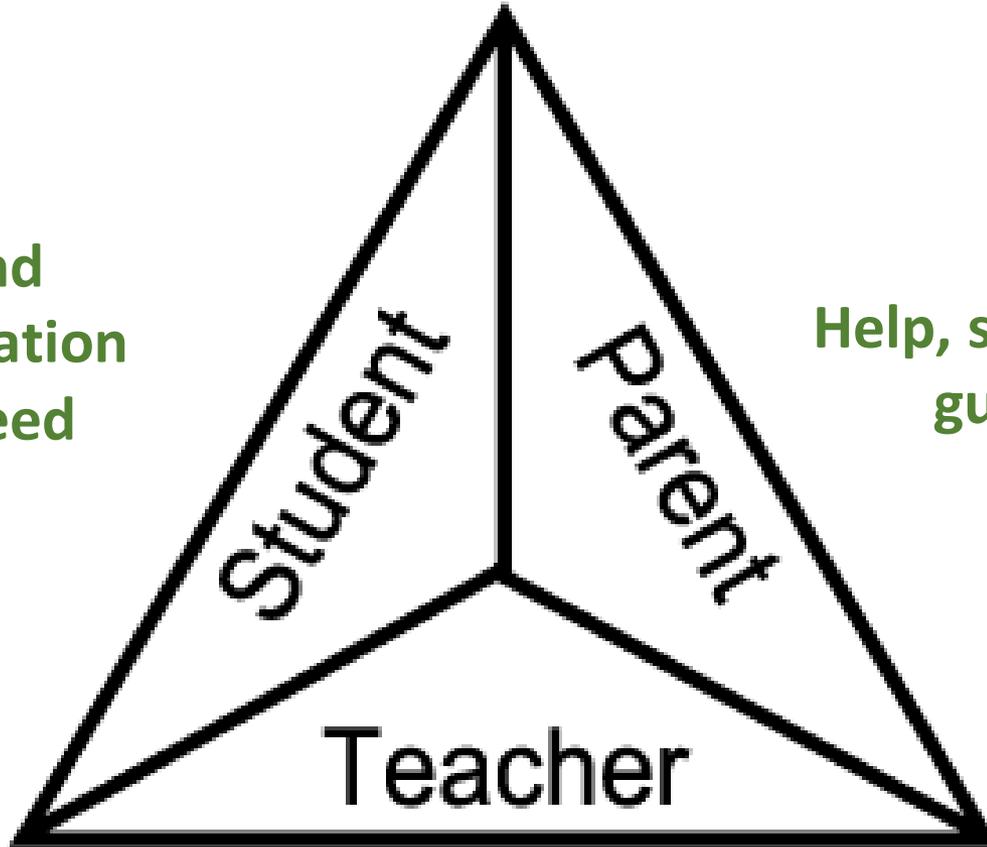
Why?

- Allows teachers to assess pupils current understanding/learning and identifies gaps in knowledge and skills
- Allows interventions to be put in place for pupils needing additional support or extra challenge
- Allows pupils to understand what is working well/they need to do improve
- Allows you as parents/carers to support your son

*The Government's Contingency Plan – Centre Assessed Grades

- The government has published papers with a contingency plan if GCSE examinations are cancelled.
- This will mean the work pupils complete in lessons, including **formative assessments** and **mock examinations** throughout the year will be used as **'evidence indicators'** to form an overall GCSE grade.
- Therefore, pupils should be fully aware that the work they produce and the effort they put in every day **counts**.
- If this does happen, we will fully communicate the process to parents/carers.

**Grit and
determination
to succeed**



**Help, support and
guidance**

Subject knowledge and curriculum/exam board expertise





- Look at your pack



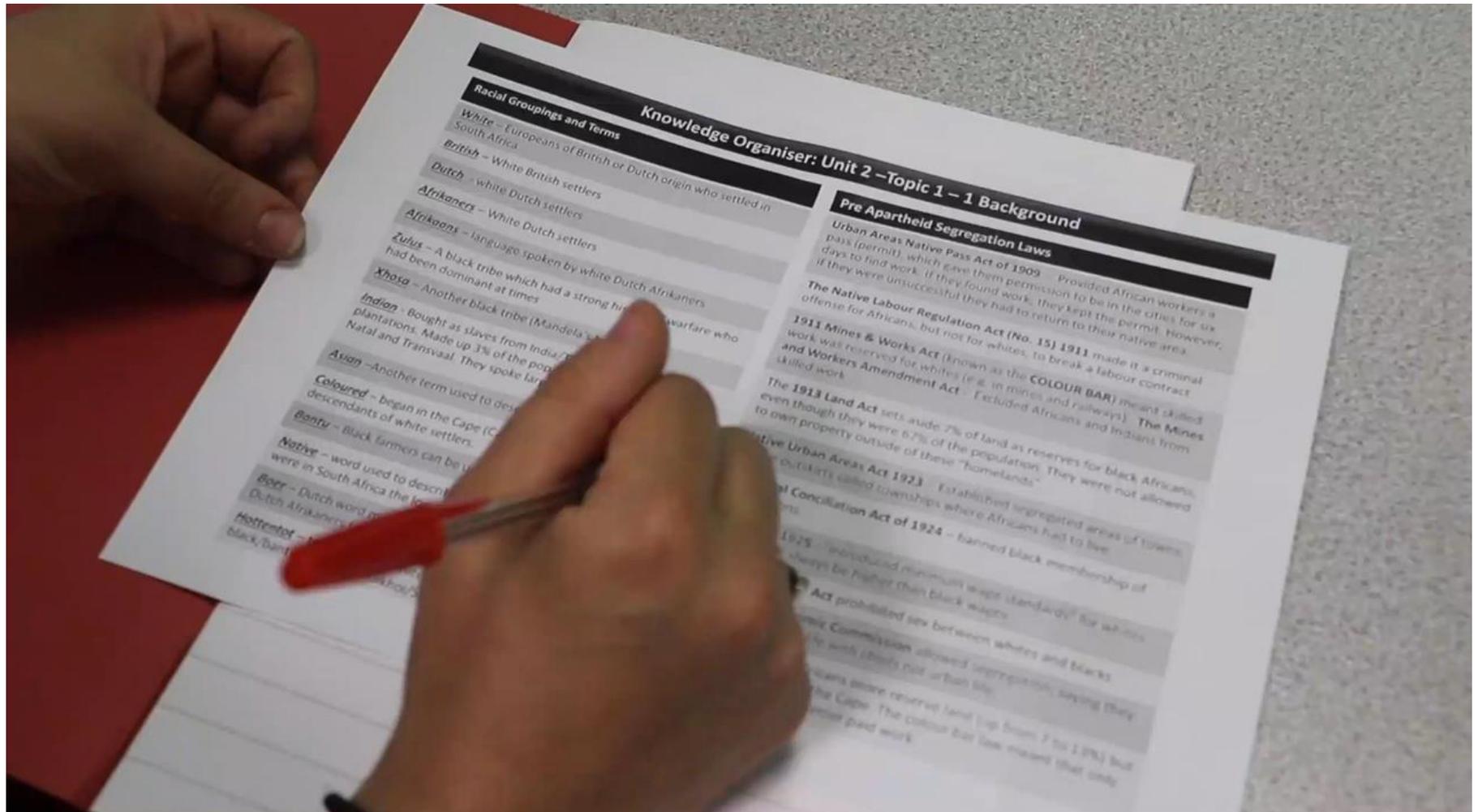
ACTIVE REVISION

- Research shows that active revision techniques such as making mind maps, revision notes or practicing past papers is the most effective way of preparing for an examination.

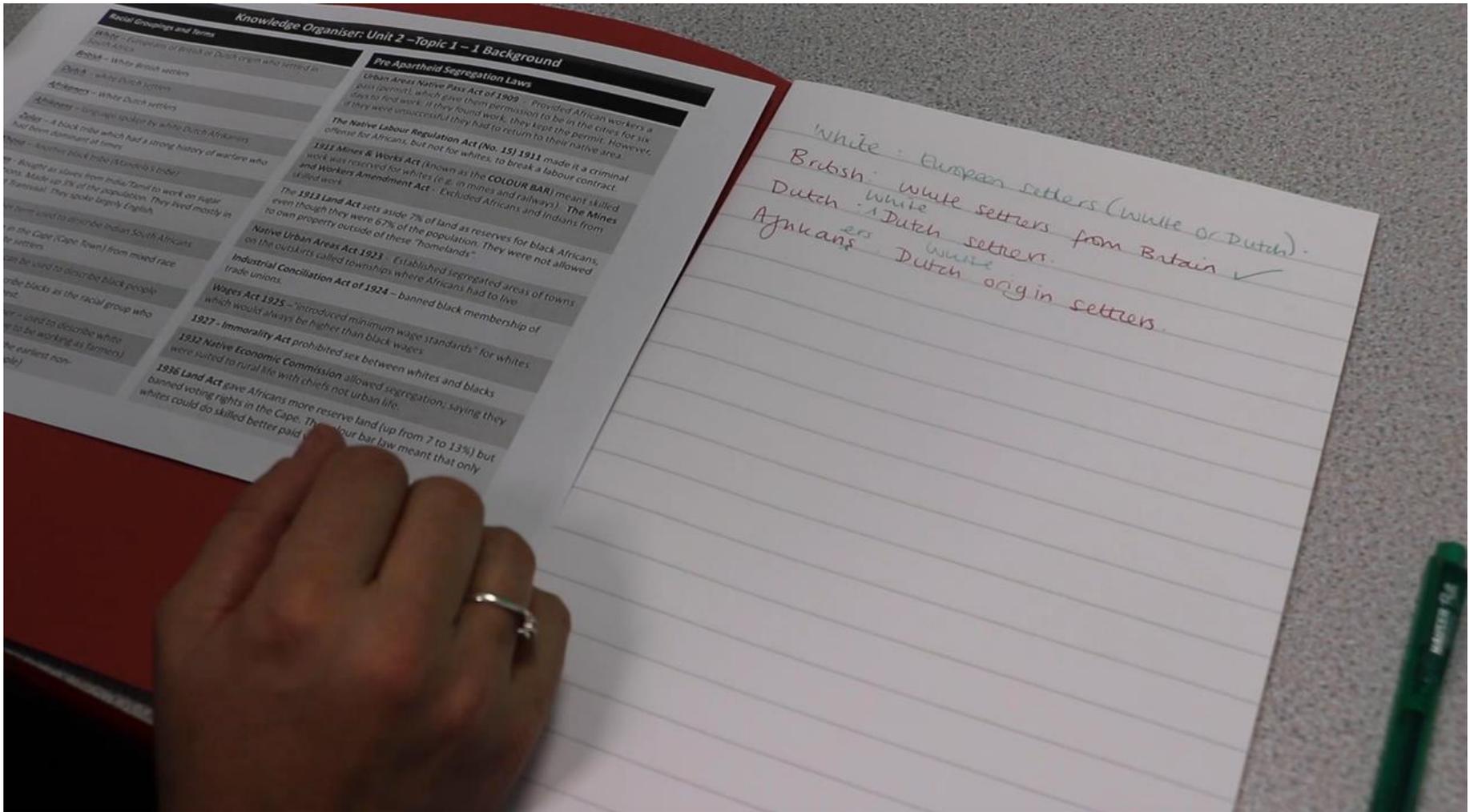
***I hear and I forget
I see and I remember
I do and I understand***

Chinese Proverb

Strategy 1 - Look – Cover – Write – Check – Swap Pens



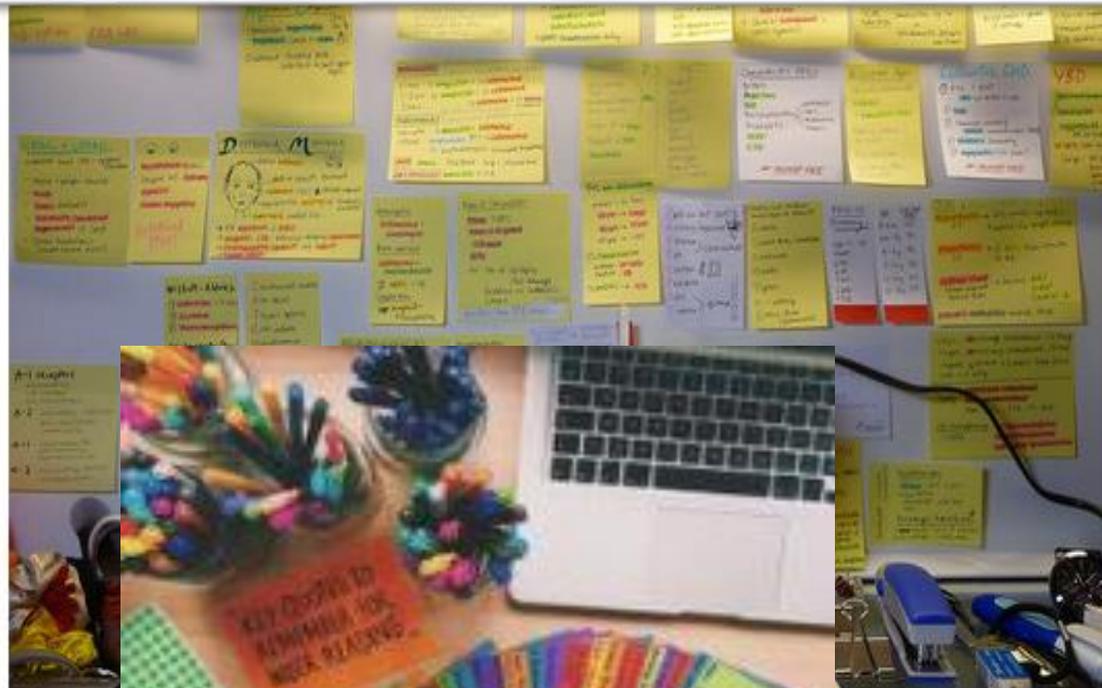
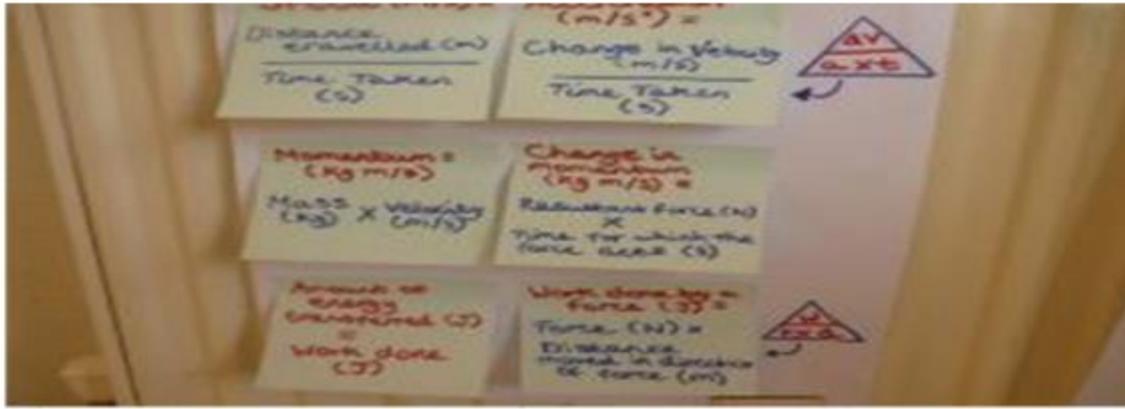
Strategy 2 - Blanking out Sections



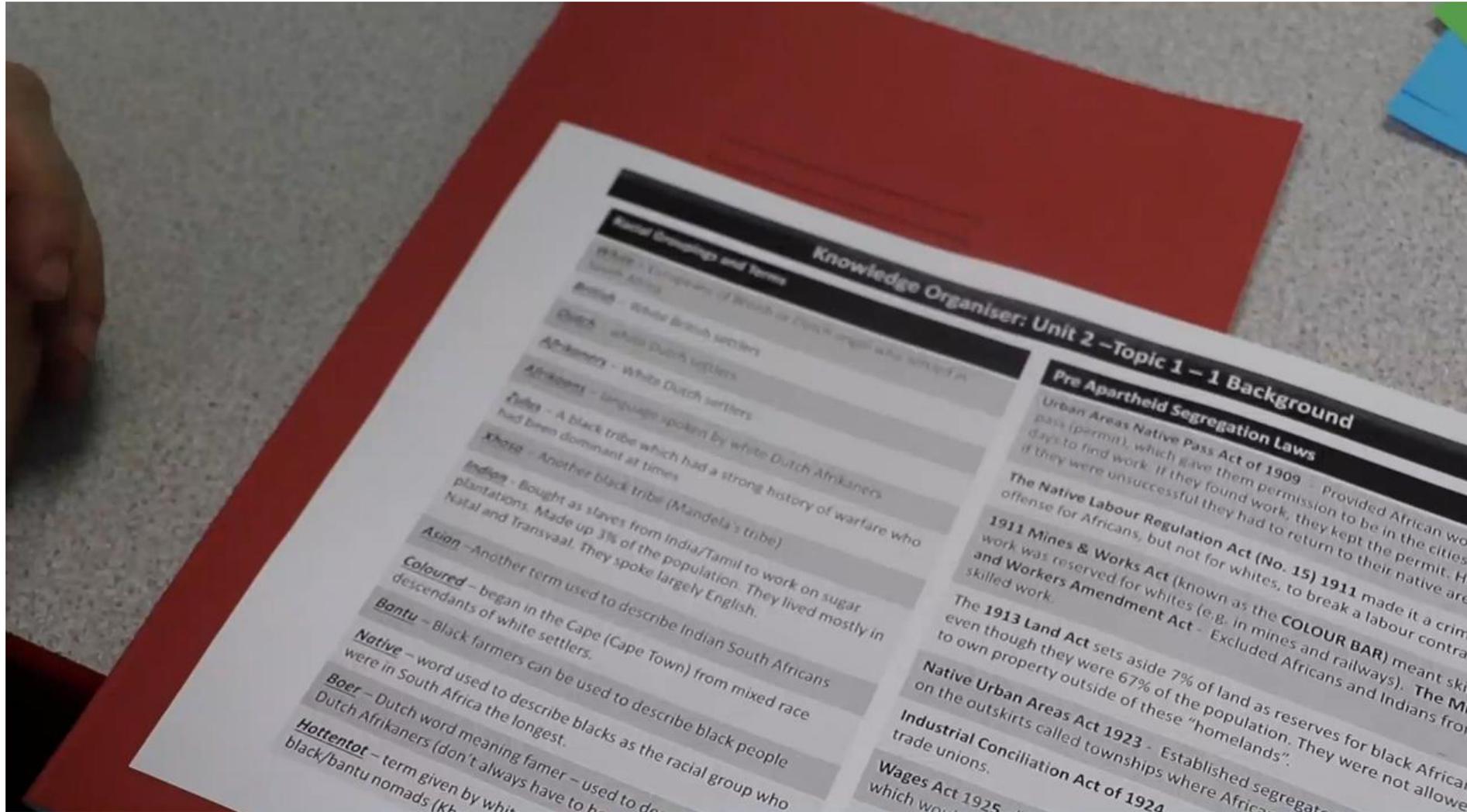
Strategy 3 - Create Q and A Cards



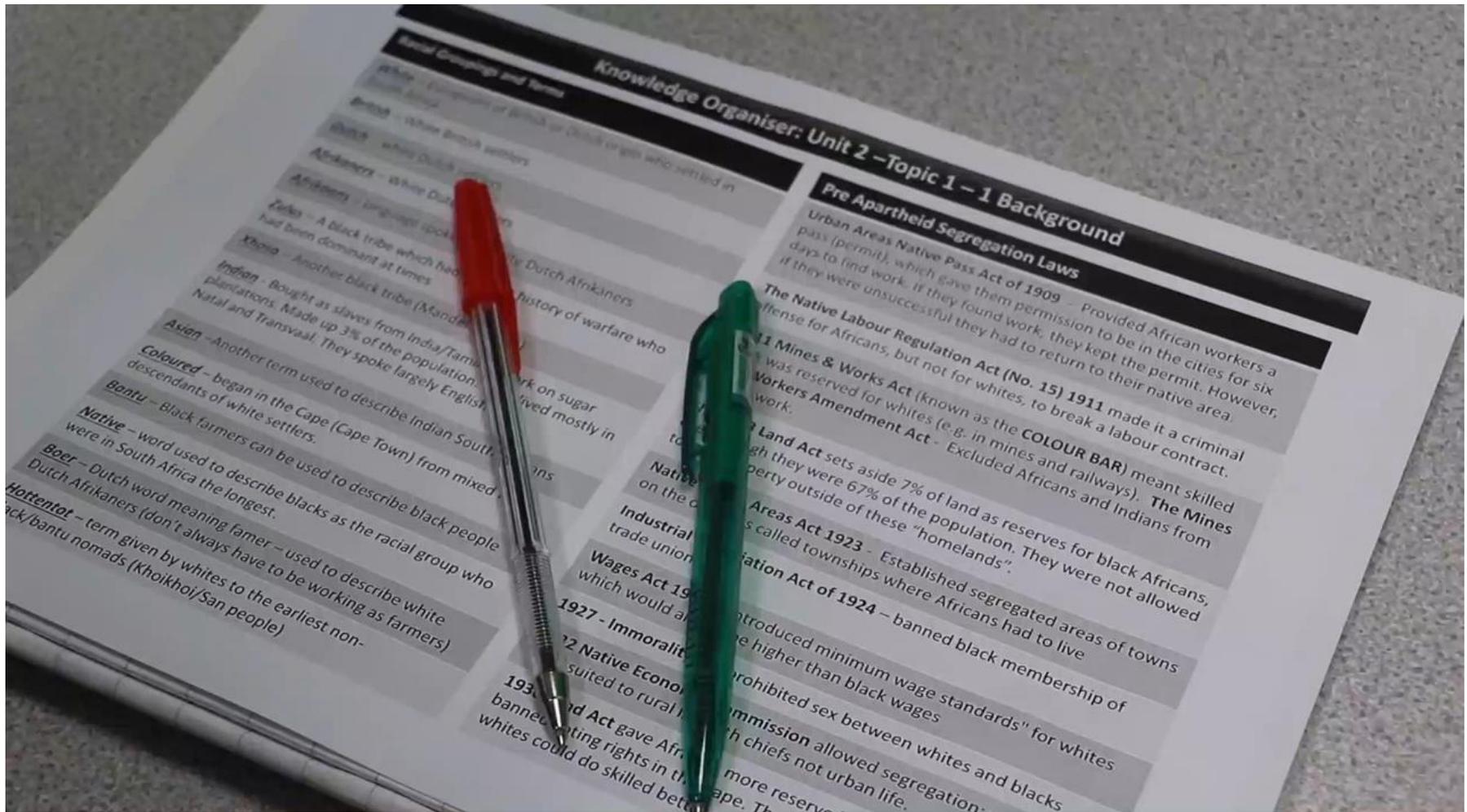
Strategy 4 – Post it notes



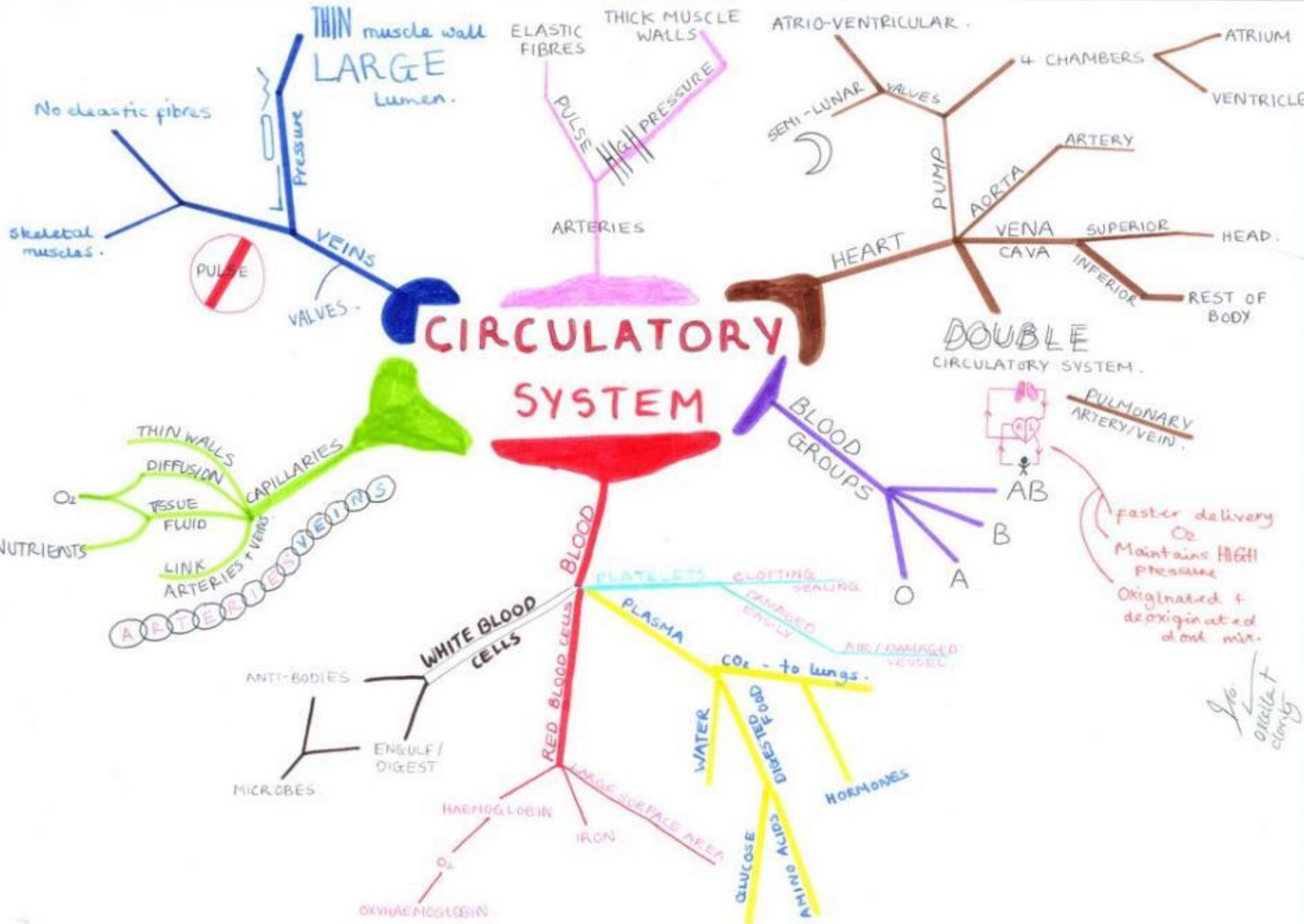
Strategy 5 - It's Good to Talk



Strategy 6 - Mind Maps



CIRCULATORY SYSTEM



faster delivery
O₂
Maintains HIGH pressure
O₂ originated + deoxygenated blood mix.

Joelle Clary

Practise! Practise! Practise!

DON'T PRACTICE

UNTIL YOU GET IT

RIGHT

PRACTICE UNTIL

YOU CAN'T GET IT

WRONG

GOOD REVISERS

by @Inner_Drive
www.innerdrive.co.uk

POOR REVISERS

Eat breakfast



Skip breakfast

Sleep 8-10 hours a night



Get little sleep

Have regular
bed times



Have inconsistent
bed times

Get fresh air each day



Stay indoors all day

Exercise regularly



Do no exercise

Do past papers



Mostly revise highlighting
"key" passages

Spread out their revision



Cram their revision

Keep a diary to capture
negative thoughts



Dwell on worst
case scenarios

Revise in a quiet
environment



Revise while listening
to music or TV

Drink water regularly



Forget to stay hydrated

Put their phone away
during revision



Revise with their mobile
phone next to them

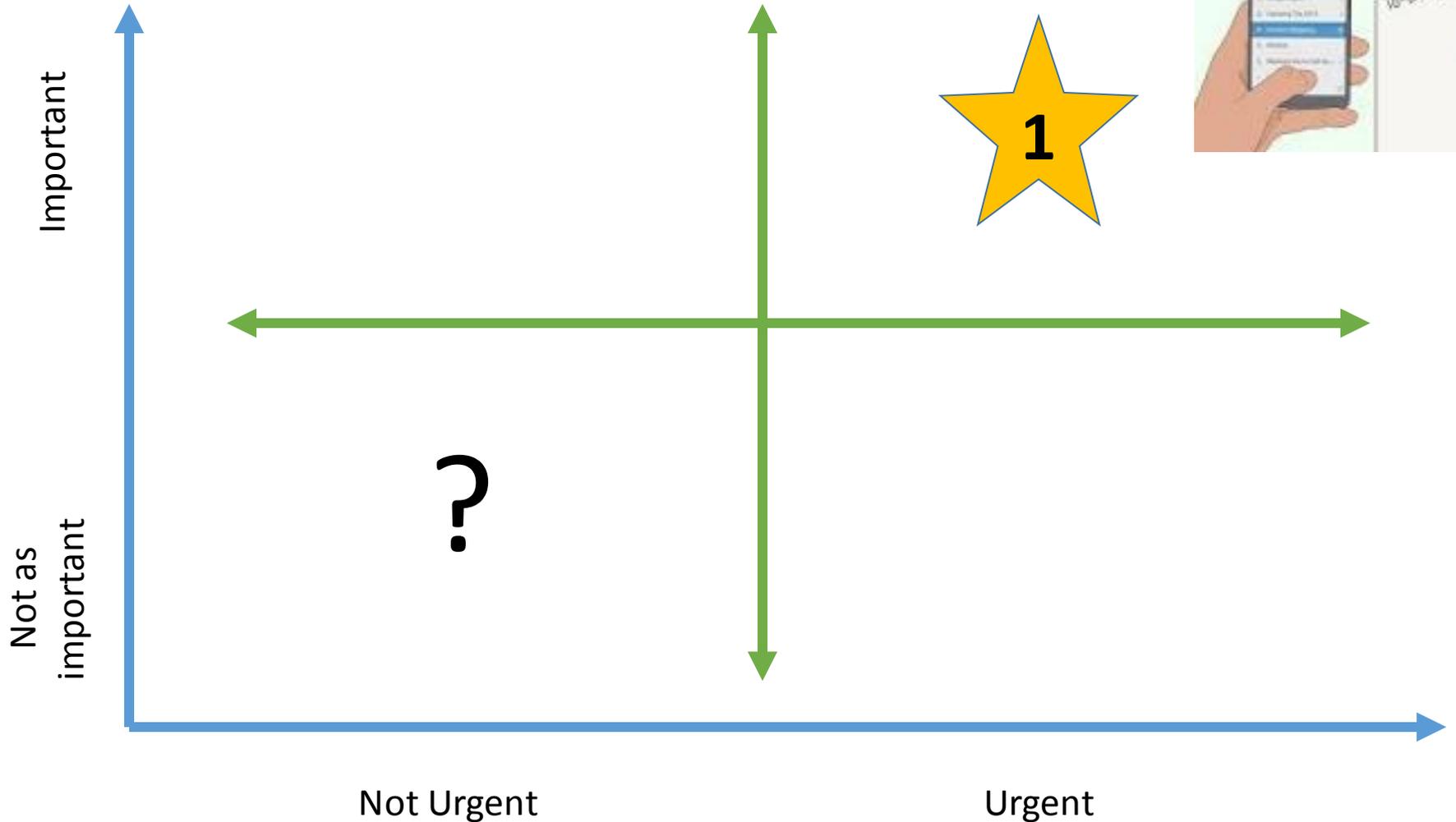


Avoid Distractions



Being Organised

Place your tasks in this grid to help you work out which are important and need doing now, and which can be saved for when you are less busy.



Prioritizing Your Life:

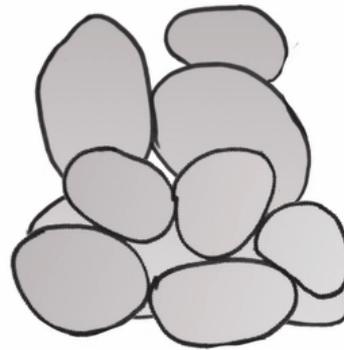
Rocks, Pebbles and Sand



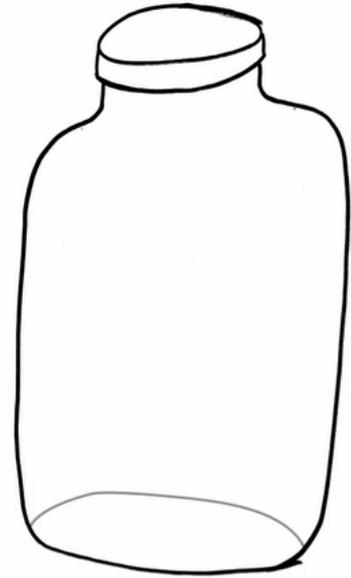
Sand



Pebbles



Rocks



Jar

Less important



Important





My GCSE Revision Timetable



- Start revising as early as possible
- Make sure your plan covers all subjects
- You should be planning around 2-3 hours revision per night as well as completing all homework set
- You should plan around six hours revision over the weekend
- Make sure you plan time for leisure and fun activities

| | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|-----------|-----|------|-----|-------|-----|-----|-----|
| 7am-8am | | | | | | | |
| 8am-9am | | | | | | | |
| 9am-10am | | | | | | | |
| 10am-11am | | | | | | | |
| 11am-12pm | | | | | | | |
| 12-pm-1pm | | | | | | | |
| 1pm-2pm | | | | | | | |
| 2pm-3pm | | | | | | | |
| 3pm-4pm | | | | | | | |
| 4pm-5pm | | | | | | | |
| 5pm-6pm | | | | | | | |

When creating a revision timetable , you should...

- Start NOW!
- Include all subjects, not just the ones you like or find easy
- Update it weekly, as you sit exams or hand in coursework you priorities will change

Steps in creating your timetable

1. Add in time for leisure , sports, clubs, family and friends (although still important, you may have to be realistic and sacrifice some time with friends for a short time if you want to reach your target grades)
2. Add in meal times
3. Add any other regular commitments
4. Add after school revision/coursework sessions
5. Add in independent revision

Remember break up revision sessions into manageable chunks that suit you



DO IT NOW.

**SOMETIMES
'LATER'
BECOMES
'NEVER'**