

Physical Education

**EXAM BOARD: OCR DATE: 24th May 2022 Paper 1,
10th June 2022 Paper 2**

Week	Focus	In School	At Home Links to BBC Bitesize Revision and Tests
21/2/22	2.2a Physical activity and sport in the UK	Half Term	<p><u>2.1b Commercialisation in sport</u></p> <p>Golden Triangle Positive and negative effects of the media on commercialisation https://www.bbc.co.uk/bitesize/guides/zsx7tyc/revision/1</p>
28/2/22	2.2b Participation in physical activity and sport	<p>Understand how different factors can affect participation, including:</p> <ul style="list-style-type: none"> • age • gender • ethnicity • religion/culture • family • education • time/work commitments • cost/disposable income • disability • opportunity/access • discrimination • environment/climate • media coverage • role models • understand strategies which can be used to improve participation: • promotion • provision • access • be able to apply examples from physical activity/sport to participation issues. 	<p><u>2.1b Sponsorship in Sport</u></p> <p>The influence of sponsorship on the commercialisation of physical activity and sport.</p> <p>Positive and negative effects of sponsorship on commercialisation https://www.bbc.co.uk/bitesize/guides/zsx7tyc/revision/1</p>

7/3/22	Commercialisation in sport: Sponsorship and Media	<p>"• understand the influence of the media on the commercialisation of physical activity and sport:</p> <ul style="list-style-type: none"> • different types of media <ul style="list-style-type: none"> – social – internet – TV/visual – newspapers/magazines. • know the meaning of commercialisation, including sport, sponsorship and the media (the golden triangle): • positive and negative effects of the media on commercialisation • be able to apply practical examples to these issues. • understand the influence of sponsorship on the commercialisation of physical activity and sport: • positive and negative effects of sponsorship on commercialisation • be able to apply practical examples to the issue of sponsorship." 	<p><u>2.1c Sportsmanship / Gamesmanship/ Deviance</u></p> <p>Understand each one and the differences between the three https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1</p>
14/3/22 (Revision Week)	Ethics in sport	<p>"• know and understand:</p> <ul style="list-style-type: none"> • the value of sportsmanship • the reasons for gamesmanship and deviance in sport. • be able to apply practical examples to these concepts." 	<p><u>2.1c Drugs</u></p> <p>Reasons why Types of drugs Impact on performance in the sport https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1</p>
21/3/22 (Assessment Week)			

30/3/20	Drugs in sport	<p>"know and understand the reasons why sports performers use drugs</p> <ul style="list-style-type: none">• know the types of drugs and their effect on performance:<ul style="list-style-type: none">• anabolic steroids• beta blockers• stimulants• give practical examples of the use of these drugs in sport.• know and understand the impact of drug use in sport:<ul style="list-style-type: none">• on performers• on sport itself."	<h3>Health and wellbeing</h3> <p>Physical activity is an essential part of a healthy lifestyle. Linked to other positive lifestyle choices, it promotes good physical health and contributes to people's emotional and social wellbeing.</p> <p>Read through pages and answer questions</p> <p>https://www.bbc.co.uk/bitesize/guides/zpmq6fr/revision/1</p>
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