

Cardinal Heenan Catholic High School

Year 7 Curriculum Summary

Subject	Aims and purpose/Intent	Content Summary
English Language & Literature	Reading ✓ To experience reading in all its forms, developing independence, inference and deduction. ✓ To develop reading skills, including: analysis of texts using basic linguistic terminology, understanding links between text and context, simple comparison of texts. ✓ To explore a diverse range of texts – prose, poetry, plays, fiction and non-fiction. Writing ✓ To experience a wide range of writing for different audiences and purposes ✓ To develop and build upon skills of technical accuracy in spelling, punctuation and grammar ✓ To explore the effect of linguistic tools and strategies. Vocabulary ✓ To experience the power of a wide and varied vocabulary. ✓ To develop confidence and competence in applying new vocabulary. ✓ To explore the effect that vocabulary choices can have. Spoken Language ✓ To experience Individual, paired and group tasks ✓ To develop confidence and competence in both formal and informal settings. ✓ To explore the impact of our spoken language.	Topics will include formal and summative assessment of reading writing and spoken language Topics: Term 1 – Heroes and Villains What makes a hero? Super Heroes, or just everyday superstars – who deserves our adulation? You decide. Includes study of Greek Myths, sporting heroes, and Shakespearean heroes and villains, and our own personal choices. Term 2 – Autobiography From reading a range of autobiographical extracts, to planning and crafting our own, we'll be exploring Autobiography as an inspiration for writers and poets, as well as the conventions of the form, including writing by Roald Dahl, Nelson Mandela, and Steven Gerrard amongst others. Term 3 – Author Study - Shocking Shakespeare From learning about the words and phrases that Shakespeare gave us, to investigating the rich language used in 'Romeo and Juliet', this unit is all about the Bard, including a speech about whether or not he's still worth studying! Also, every year 7 student will read 3 full novels, during dedicated Reading for Pleasure lessons. Novels are currently: Trash Once Lord of the Flies

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Mathematics	Aims and purpose/Intent Develop fluency To revisit four operations to include directed number, fractions including ordering and using a calculator. To develop skills in using integer powers and associated real roots. To explore types of number including prime factorisation. To develop understanding of algebraic notation. To develop ability to construct and measure using geometric notation Reason mathematically To develop skills of using linear and non-linear sequences in number and diagram form. To develop skills of using how to interpret algebraic notation including coefficients written as fractions. To develop skills of using known facts to derive other facts including algebraic expressions. To develop skills of using reason and use notations for lines and angles, recognising types of triangle, quadrilateral and other polygons. Solve problems To develop ability to form and solve one step equations. To develop ability to solve problems in the context of perimeter, money, frequency trees and tables. To develop ability to bar modelling to represent situations. To develop ability to find the probability of single events including the use of Venn diagrams.	Content Summary Topic will include formative and summative assessment: Number: Place value and ordering; fractions, decimal, percentage equivalents; directed numbers; adding & subtracting fractions; application of addition, subtraction, multiplication and division in context. Algebra: Sequences; understanding algebraic notation; manipulating algebra - simplifying expressions; substitution and solving one and two step equations Ratio, proportion and rate of change: Converting metric units and use multiplicative relationships between known facts Geometry and measures: Area of rectangles, triangles and parallelograms in context (including compound shapes); angle rules (straight line, at a point, vertically opposite, triangle and quadrilateral) Probability: Understand and use set notation including Venn diagrams; introduction to frequency trees Statistics: Median, mean, mode and range in context and interpret charts and graphs Develop fluency Consolidate and extend KS2 knowledge of the number system and place value Select and use appropriate strategies to solve problems Use algebra to formulate mathematical relationships Use mathematical language, notation and properties Reason mathematically Make connections between number relationships and algebra Interpret numerical and algebraic problems explaining their choice of operation Begin to reason deductively in geometry, number and algebra, including using geometrical constructions Solve problems Develop knowledge through problem solving including multi-step problems Develop knowledge through problem solving including to apply to non-routine problems

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Science	To experience and begin	BIOLOGY		
	to gain understanding of the complex and diverse	 Cells - Studying the building blocks of life by exploring the structures of animal cells, plant cells, specialised cells and also how different cells in living organisms interact with one another. 		
	wonders of living organisms and the universe. We will also link this to the physical world	 Structure and Function of body systems - Exploring the basic systems that make up our human body. Students will explore how there are different levels of organisation in all living things. Students will investigate the orders of the musculoskeletal system, the circulatory system and the respiratory system. 		
	by building up ideas of particles and the physical world. This will lay solid	 Reproduction - Students are to study the basic ideas of puberty and sex education. As well as this, students will learn the anatomy of the reproductive organs, how fertilisation occurs as well as the menstrual cycle and pregnancy. CHEMISTRY 		
	foundations for answering questions and creating investigations that allow us to suggest answers to	Particles and Atoms - This topic will lay the foundations for all of the future chemistry studied. Students are to discover what atoms are and how matter is composed in the three states of matter. Students will also learn the basics of how to write chemical		
	questions. To develop curiosity about the natural world. The curriculum will develop insight into how science	 Chemical reactions - During this unit students will learn that mass is conserved during reactions. Whilst also learning how to differentiate between physical and chemical reactions. Students will also be able to produce word equations and identify reactants and products from this information, whilst being able to identify some of the more common reactions. 		
	works and a full appreciation of its relevance to our everyday lives. To develop a solid understanding of key	 Acids and Alkalis - Studying the basic principles of acids and alkalis and how we use them in everyday life. Students will carry out a series of investigations into the reactions of acids and alkalis and draw conclusions on its properties. PHYSICS 		
	scientific terminology and be able to use it confidently. To explore big ideas of cells, living organisms, the universe and particles and begin to make links between them. Students will be allowed to be curious and ask questions about these big ideas.	 Forces - Students will gain understanding of the basic ideas that form our understanding of the world today. They will learn how forces have direction and size and will then explore examples of forces seen in the physical world around us. Students will practice drawing force diagrams and will analyse balanced and unbalanced forces to determine the motion that will result. Motion and Pressure - This topic builds on the ideas of forces to explore the effects of forces on motion and on pressure. Students will use graphical and numeracy skills to analyse and quantify motion by drawing distance-time and velocity-time graphs. Space - Exploring the wonders of the universe. Students will develop an understanding of the structure of our solar system, the various orbits we see in space as well as what they can expect to see in a night sky. Students will also learn some very basics about the sun, stars and galaxies. Light and sound - This topic introduces the concepts of waves and the application of this knowledge to the phenomena of sound, light and colour. The students will learn about reflection, refraction and sound and then build upon this knowledge, learning how the ear and eye perceive different types of waves. 		

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Religious	To experience the importance of being part of the	Note: from September 2023, students at Cardinal Heenan will begin to adopt the new Religious
Education	Church and to reflect on what it means to be in	Education Curriculum: To Know You More Clearly, starting with Year 7.
	the presence of the Holy Spirit today.	Term 1: Creation and Covenant. Prophecy and Promise.
	, , ,	Students are welcomed into Year 7 by exploring the meaning and history of Cardinal Heenan,
	To develop an understanding of God's revelation	as they focus on identity and community as they learn about their new school. In the first unit,
	and the way in which this has gradually unfolded	a distinction is made between general and special revelation, recognising Creation and the
	through salvation history.	existence of human beings as one way in which all human beings can come to know God using
	tinough salvation history.	their own natural reason. In the second unit, students will explore special revelation,
	To a strong to a Controlled Process of the Controlled Strong	introducing (or reintroducing) students to the significance of Sacred Scripture for Catholics.
	To explore how Catholics live in relationship with	Term 2: Galilee to Jerusalem. Desert to Garden.
	others through dialogue and encounter with other	The third unit focuses on Jesus Christ, the incarnation, and the Christian claim that in Christ is
	Christian groups and through an exploration of	the fullness of God's revelation. In this context, the doctrine of the Trinity is explored further,
	Hinduism.	since the recognition of Jesus as very God by the early Church required a recognition of him as
		the eternal Son of the Father. The fourth unit focuses on the continued presence of Christ with
		the Church through the sacraments and the transformative effect of these sacraments on the
		lives of the faithful. The main emphasis for this unit is the Sacrament of the Eucharist, the
		'source and summit' of the Christian life.
		Term 3: To the ends of the earth. Dialogue and Encounter.
		The final two units give students the last piece of God's revelation through the sending of the
		Holy Spirit and the presence of this Spirit within the Church and the lives of individuals today.
		Students will explore the purpose and authority of Church Councils and how relationships with
		other Christian and non-Christian groups have developed opportunities for dialogue and
		encounter, for example with the Hindu community.
		Note: Topics will include formative and summative assessments and students will actively
		participate in a range of experiential activities.

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Geography	Locational Knowledge	The focus of the year 7 geography curriculum is based on core principals of
	To experiencedifferent climates, cultures, demographics	geography, expanding local, regional and global location knowledge and
	and geomorphology.	understanding key geographical processes
	To developan understanding of geographical similarities,	Fantastic Places - The year 7 experience starts by learning about what geography is
	differences and links between places through the study of	and why it is important in their lives. We then spend time looking at many fantastic
	human and physical geography	places around the world to create awe and wonder and build up students'
	To explore locations on a national and global scale including	knowledge of the world.
	regions within the UK and regions in Asia and Africa.	Exploring the UK – Students begin their exploration of the fantastic city of
		Liverpool and its development as an urban area. Students will learn about
	Processes	Liverpool's deindustrialisation and regeneration and how it has shaped the
	To experience physical and human geographical features of	character of the city. This will lead on to the study of the human and physical
	the world. For example, coastal morphology.	characteristics of the UK, its industries and culture.
	To developan appreciation of how physical and human	<u>Coasts</u> - The topic aims to develop the student's knowledge of the UK further with
	geographical features are interdependent.	a specific focus on the physical landscape coasts. This allows students to learn
	To explore how processes bring about spatial variation and	about the processes that shape our coastline and the human impact and
	change over time.	management of coastlines both in the UK and further afield.
		<u>Weather & Climate – Developing on from our coastal study students will</u>
	Geographical Skills	understand how the weather plays a part in coastal areas and is a significant part
	To experiencecollection, analysis and communication with a	of our daily life. During this unit of work the students will learn the processes of
	data gathered through experiences.	weather such as types of rainfall, anticyclones and fronts. They will understand
	To developan understanding of how geographical	how we measure weather and develop skills in using a variety of presentation
	information can be communicated through maps, numerical	techniques used to present weather data such as climate graphs. The topic zones
	and quantitative skills.	in on different climates around the world such as hot deserts in the Middle East
	To explore sources used to interpret geographical	and cold environments in Antarctica.
	information including maps, diagrams and photographs.	<u>Volcanoes</u> – Students will complete year 7 being introduced to tectonic processes.
		Investigating the causes of volcanoes, why people choose to live in these regions of
		the world and the impacts that volcanic hazards have on a local and international
		scale. This unit feeds into year 8 where the students will look at earthquakes.

Subject	Aims and purpose/Intent	Content Summary
History	To know and understand To explore the history of these islands from Medieval to Stuart Britain. To develop an understanding of how people's lives have shaped this nation and how Britain has influenced and been influenced by the wider world. To experience an insight into the Medieval and Early Modern British civilisations, characteristic features of past societies and the achievements and follies of mankind. The 'Meanwhile, Elsewhere' studies enable pupils to place their local and national history studies in a more global context and appreciate how seemingly isolated events far away can often have far reaching and long-term significance in shaping our world and in helping us to more fully understand the society we live in today. To gain and deploy historically grounded abstract terms and concepts Terms such as 'empire', 'civilisation', 'hereditary', 'mandate', 'parliament', 'democracy', 'peasantry', 'reform' and 'tyrant' are explored. The historical concepts of change and continuity, cause and consequence, similarity, difference and significance are all explored and used to make connections, draw contrasts, analyse trends, frame historically valid questions and develop structured accounts, narratives and analyses. To experience the methods of historical enquiry, explore how evidence is used to make historical claims and to develop historical perspectives by placing developing knowledge into different contexts. Pupils explore key monarchs who shaped Medieval and Early Modern England in both the short and long-term. They explore long-term significance, for example, through the Magna Carta. Pupils explore historical interpretations and sources of evidence to gain an understanding of the various reasons for William the Conqueror's success and apply this understanding to construct their own substantiated perspectives. Pupils gain knowledge, demonstrate understanding and reach judgements on the utility of sources and significance of events taking into account the concepts of social, political, economic, religious,	Topics will include formal and summative assessment. Case study 1: What is history? What skills do historians use when handling the past? Case study 2: 'The Normans brought a truck load of trouble to England'. How convincing is historian Simon Schama's interpretation? • Who had the strongest claim to England's throne in 1066? Why was it William who ultimately succeeded? • What changes did the Normans bring to: rule, society, castles, church, law? Case study 3: What was Church, state and society like from 1066-1485? How convincing is historian lan Mortimer's interpretation? • Exploring the life of a peasant, life in a 'Medieval' town, role of the Church and the changing balance of power including the character of tyrant kings, the significance of the Magna Carta and the rise of the power of the people. Case study 4: How significant were the Tudors in shaping English Church, state and society? • Begin by exploring the cause and consequence of the Wars of the Roses, investigating what happened to the Princes in the Tower and the significance of the Battle of Bosworth field. • Evaluating the cause of consequence of the Reformation in England and how far can it be argued that reigns of Henry VIII, Edward VI and Mary I constitutes as a 'mid-Tudor crisis'. Evaluating similarities and differences with England's experience compared to the Song Dynasty, Mali Empire, Mongol Empire, Mali Empire, Khmer Empire, Lodi Empire, Medici Empire, Russia. Exploring black history through the case study of Diego, 'The Black Tudor' and LGBTQ+ history through the case study of Diego, 'The Black Tudor' and LGBTQ+ history through the case study of Da Vinci and Britain's Heroes of the Holocaust.

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MFL	Listening and responding to the spoken language To experience listening to a range of speakers from across the Spanish-speaking world talking about themselves and expressing opinions about a range of	Mi vida: Spanish phonics and pronunciation; greeting people and introducing yourself; talking about birthdays and saying how old you are; describing your personality and the personality of others; talking about your brothers and sisters; talking about pets and using adjectives to describe them. Mi tiempo libre: Expressing and justifying opinions using a greater range of adjectives; talking about preferred free time activities; using the present tense of regular _AR verbs; talking about the weather and using
	To develop an increasingly confident and accurate accent in the target language, pronouncing words and sounds clearly and confidently.	 cuando as a conjunction; naming sports and using adverbs of frequency to talk about how often you do various activities. Mi instituto: Naming school subjects and using _AR verbs with increasing confidence; using a wider range of
	To explore the cultural difference between England and Spain, as well as other Spanish speaking countries and to understand how the sounds of the spoken language change	opinion phrases and understanding the use of <i>me gusta(n) + infinitive;</i> using <i>hay</i> and <i>no hay</i> to talk about school facilities; using <i>unos/unas;</i> talking about break time activities; using regular _ER/_IR verbs in the present tense. Topics will include formative and summative assessment of listening, speaking, reading, and writing. Listening & responding to the spoken language
	Reading and responding to the written language To experience reading a range of texts written for different purposes (emails, blogs, text messages, poems, songs) in Spanish.	 listen to a variety of forms of spoken language to obtain information and respond appropriately transcribe words and short sentences that they hear with increasing accuracy initiate and develop conversations, coping with unfamiliar language and unexpected responses, making use of important social conventions such as formal modes of address express and develop ideas clearly and with increasing accuracy, both orally and in writing speak coherently and confidently, with increasingly accurate pronunciation and intonation Reading & responding to the written language
	To develop the skills necessary to tackle texts of varying length and complexity in order to find required information and work out the meaning of unfamiliar language. To explore the similarities and differences between the written form of English and Spanish, from spelling to punctuation.	 read and show comprehension of original and adapted materials from a range of different sources, understanding the purpose, important ideas and details, and provide an accurate English translation of short, suitable material read literary texts in the language [such as stories, songs, poems and letters], to stimulate ideas, develop creative expression and expand understanding of the language and culture write prose using an increasingly wide range of grammar and vocabulary, write creatively to express their own ideas and opinions, and translate short written text accurately into the foreign language.

Computing	The aim of the Computing curriculum is to provide	Topics: Fundamentals of Computing, Binary, E-Safety, Scratch (Coding), Repeating Patterns (Image
	pupils with opportunities to develop as computer scientists who are confident in their use of IT and are digitally literate. Our aim is that all pupils experience and develop the following skills: Computer Science use diagrams to express solutions (algorithms) can analyse problems in computational terms, and are given opportunities for repeated practical experience of writing computer programs in order to solve such problems. This year pupils will gain this experience using block the based programming languages Scratch and Kodu. Information Technology can collect, organise and present data and information in digital content. make judgements about digital content when evaluating and repurposing it for a given audience Digital Literacy Explore the social and moral implications of information and communication technology and are responsible, competent, confident and creative users of information and communication technology. Pupils will learn a variety of skills including how to search the internet effectively and keep themselves safe whilst using the	editing), Shakespeare Comic Strip (Macbeth), Pivot Stick (animation), Spy School (Spreadsheets), Analysing data and Asking Questions (Database), Kodu (Coding) Algorithms and programming Flowcharts Gains repeated experience in using block-based programming languages to solve a problem Declares and assigns variables. Designs algorithms that use loops and selection (Block based programming language) To solve problems Designs solutions by decomposing a problem into sub-problems Data and Data Representation Data types, data in tables Difference between data and information. Filters to perform searches, complex searches using Boolean and relational operators. Why computers use binary Binary addition Binary/denary conversion Hardware and Processing Uses of hardware Uses of software Computer architecture (components) Communication and Networks Using search engines effectively Responsible use of technologies and online services, and knows a range of ways to report concerns.
	including how to search the internet effectively	 Information Technology Uses a variety of software to manipulate and present data and information combining software packages and internet services to achieve a goal Makes improvements to solutions based on feedback, commenting on success Collects, organises and presents data and information in a variety of software

Subject	Aims and purpose/Intent	Content Summary
Art	 Building on experience knowledge and understanding from KS2 to widen range of techniques and materials/ develop historical, contextual and critical understanding of context of their own work. To develop Introduce formal elements: line, shape, form and tone, perspective, pattern, colour theory. A working subject specific vocab, which they can use confidently both oral and written. To explore Using portraiture and the environment to develop drawing, painting and printing skills. How to apply the formal elements through a range of materials. To evaluate the work of others to develop and apply key aspects to our own work. Task will firstly introduce key elements and then build and deepen understanding through planned revisiting and extension of key skill, materials and themes. Students learn to engage in a constant conversation about how their art develops and improves. Real life application of the curriculum and possible career pathways 	Topics will include formal and summative assessment. Exploring Ideas Peter Blake – who I am? My environment- Buildings/street scenes/built vs nature/ Draw your own house Range of techniques and media/ Using different materials Craig and Carl/pop art/paint/pattern Peter Blake/collage Chuck Close/pattern Portraiture/ Line / shape/ form / tone- leading to print One-point perspective/ How to draw a landscape Painting/colour theory/landscapes/ Applying colour to show distance Applying paint to landscape/ Shading with paint Two-point perspective Analyse and evaluate Set 3 assessment points- drawn, evaluated and reworked: Bottle, Shoe Pots and tape What gives an Artist a 'Style'? How can this influence our own work?? How can this be developed? How can this be applied to my own work? History of art, craft, design and architecture Craig and Carl/pop art Peter Blake/collage Chuck Close/pattern Liverpool landmarks Van Gogh interiors Primary colours intro to painting Secondary colours/colour wheel Van Gogh Starry Night

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Drama	To experience different types of approaches to creating and devising such as improvisation and responding to stimulus. To develop an understanding of physical skills such as body language, facial expression, gait and gesture. To develop an understanding of vocal skills such as tone, pitch pace, intonation and inflection. To explore drama techniques and how they can support creatively expressions ideas and opinions. To explore theatrical styles and their qualities To explore personal and social skills such as teamwork, creativity, time management and leadership. Performing To experience performing as an ensemble to an audience. To develop awareness of stage presence and stage areas. To develop confidence and presentation skills. To explore portraying a role that is starting to be different to themselves. To experience live theatre through trips and visits Evaluating Pupils will experience different means of assessing and evaluating theirs and others work. Pupils will explore identifying rehearsal and performance strengths and start to support their answers with examples. Pupils will start to develop their ability to identify drama areas of improvement and support their answers with examples. Pupils will develop their ability to set personal short term subject specific targets	Topics Pupils will explore • An actor's toolkit- An introduction to physical and vocal performance skills and their application to performance work. Schemes explored: • Voice in Performance • Silent Movies Creating • Exploring and developing characterisation skills • Developing role play within devised and scripted performances • Responding to a range of stimulus such as poems, quotes and texts • Developing oracy and communication skills through exploration of texts and stimulus • Leadership roles during rehearsal and devising tasks • Creative/imaginative thinking to explore and develop material, viewpoints and style. Performing • Use of blocking and stage directions to support a final performance • Audience awareness and interaction • Communicating relationships between actors, characters and the audience Evaluation • Identification and analysis of drama skills and their effectiveness • Exploration of the role and structure of feedback • Using self and peer assessment to evaluate progress

Subject	Aims and purpose/Intent	Content Summary
Music	Performance	Autumn Term
	To experience performing solo and within an ensemble on a	Baseline assessment & Elements of Music
	variety of instruments including voice.	Students will discuss their experience of music prior to starting at Cardinal
	To develop musical skills such as timing, instrumental technique,	Heenan and standards and expectations for practical lessons are set. What
	pitch, voice control, tuning and articulation. To also develop social	are the musical elements and how do we recognise them? Students then
	skills such as leadership within a group, independence and communication.	have the opportunity to sing and use their voices with confidence focussing on pitch and tempo.
	To explore a variety of genres and their context. To understand	Performance Skills (Keyboard)
	instrumental techniques. The opportunity to engage with extra	Students are introduced to the notes of a keyboard and have the opportunity
	curricula music, instrumental lessons, choir and band.	to recognise them. Students learn how to play 'In the Jungle' using the
	Listening	correct finger placement. Every student has the opportunity to perform with
	To experience music from a variety of cultures and genres	confidence.
	including Classical music, World music and Pop music.	Spring Term
	To develop an understanding of key terms and theory including	
	graphic notation, simple rhythm notation including crotchets,	<u>Instruments of the Orchestra</u>
	minims, semibreves and quavers and monorhythms /polyrhythms.	Focussing on the element of music 'timbre', students explore the Orchestra
	To have a secure knowledge of the elements of music and to be	families and the different instruments within them. They have the
	able to correctly use them in context.	opportunity to understand how different instruments sounds and are played.
	To explore musical traditions and techniques from a variety of	Students learn to perform the classical piece 'Ode to Joy'.
	cultures. To investigate the role of music within different societies.	Rhythm and Notation
	Explore composer use of the key elements such as tempo,	Focussing on the element of music 'duration', students explore note lengths
	dynamics, timbre and pitch. To learn and experience a variety of	through staff notation and graphic scores. Working in small ensembles,
	instrumental ensembles including orchestras and rock groups.	students compose their own rhythms to perform.
	Composing	Summer Term
	To experience different types of musical notation and	
	compositional techniques such as rhythm notation, graphic score	Sea Shanties
	and staff notation. To experience group composition of	Year 7 will gain an understanding through context and listening of the
	polyrhythms and graphic scores, solo composition of rhythm pieces	traditional folk genre. This will be linked to the city of Liverpool. Students will
	and pentatonic tunes. To use software to write and compose music	use their voice to sing the popular Sea Shantie 'Wellerman', they will also
	using samples and loops.	have the opportunity to perform this on the keyboard.
	To develop their ability to express themselves and to be able to	An Introduction to Samples & Loops
	use appropriate musical and notational devices. Develop their	Year 7 are introduced to the online software Band Lab for Education. They
	knowledge of key musical elements, instruments and musical	will work on composing and producing their own structured piece of music
	theory.	using samples and loops from the programme. Formative Assessment
	To explore musical notations and theory. To explore how	
	atmospheres are created through manipulating musical elements.	During formative and summative assessments students will focus on four
		areas; knowledge, performance, listening and composition.

Subject	Aims and purpose/Intent	Content Summary
Design Technology	 Studying Design and Technology includes the use of a range of knowledge, skills, and understanding, and prompts engagement in a variety of activities. Pupils design and make products that solve real and relevant problems within a set context. Pupils gain a knowledge and understanding of 5 categories of materials. Their properties and application. Demonstrating progress through two assessments and various tasks requiring pupils to demonstrate knowledge and consolidating prior learning. make high-quality prototypes and products for a range of users To broaden the DT curric. to include a knowledge of more 3D elements Pupils will develop a range of techniques to communicate design ideas. Begin to critique, evaluate and test their ideas and products and the work of others A working subject specific vocab, which they can use confidently both oral and written. 	Topics will include formative and summative assessment. Design, Make, Evaluate Hardwood, softwood Natural and manufactured timbers MDF box Material properties Bike activity Animal textiles Man-made textiles How is it made? Natural and manufactured timbers Technical Knowledge Introduction to paper and board Paper and board properties and uses Natural and manufactured timbers Introduction to metals and alloys Bike activity NNT metals and alloys Introduction and properties of polymers Introduction to textiles Man-made textiles Natural and manufactured timbers
	 Pupils will explore the specific category of materials developing a knowledge and understanding of their working properties. Real life applications of the curric. And possible career pathways 	

Subject	Aims and purpose/intent	Content Summary
Food	To experience Good food & personal hygiene	Topics will include formative and summative assessment.
		Health & Nutrition
	To develop	The Eatwell guide
	 Confidence using a range of cooking methods 	5 Key nutrients
	when making both savoury & sweet dishes	Healthy eating guidelines
	 Basic knife skills to ensure safe preparation of a 	Food Hygiene & Safety
	food product	Food storage & hygiene
	 Awareness of what constitutes a healthy balanced 	Cross-contamination
	diet	Food poisoning
	Skills in following cooking instructions to make a	Food Provenance
	food product	Where does our food come from?
	Knowledge of how food poisoning can occur	Frozen & fresh food produce
		Cooking methods
	To explore	Boiling
	Decorative techniques when presenting a food	Frying
	product	Baking
	Correct methods to conduct cooking methods such A bailing the line of fining.	Practical skills
	as boiling, baking & frying	Basic knife skills (the bridge & the claw method)
		Preparing a sweet & a savoury product
		Accurately weighing out ingredients using electronic scales
		Mixing to combine ingredients
		Seasoning a savoury product
		 Decorative skills – piping, garnishes, etc.

Subject	Aims and purpose/Intent	Content Summary
Physical Education	To Experience Performing in a broad range of activities Performing in competitive sports and activities Tactics and strategies will be taught to overcome opponents in direct competition in both team and individual games. Analyse performances and demonstrate improvement to achieve personal best Performing at maximum levels, replicating skills accurately and outwitting opponents in game situations. To Develop Resilient performers over a period of sustained activity and duration. Develop technique and improve performance in sports and games. Lead an active and Healthy Lifestyle. Take part in Leadership activities which present challenges to encourage working as a part of a team and developing skills to enhance leadership skills. To Explore Outdoor and adventurous activities which present challenges and encourage team work. Take part in competitive sports with links to outside community sports clubs	Our pupils should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Students will develop this understanding through a rotation of activities and working through My Personal Best Programme My Personal Best Programme My Personal Best This is ME — Believing in myself. We look to raise aspirations while developing our pupil's personal skills and behaviour. In year 7 we look at key principles that underpin My Personal Best: Believing in Myself. Skills targeted are: resilience, responsibility, selfmotivation, integrity and self-management. These personal skill developments will be taught through a broad range of activities and competitions: • Athletics/ X Country/ Healthy for Life/ Gymnastics • Football/ Rugby/Cricket/ Basketball/ Handball/ Dodgeball • Healthy for Life Programme nutrition, training programmes, fitness tests The boys will also experience competition through Inter-form in activities such as: x country, football, badminton, table tennis, dodgeball, cricket, short tennis

Developing Leadership

Subject	Aims and purpose/Intent	Content Summary	
Careers	To understand why their personal skills and qualities are useful for their future career. To know what skills are and practise demonstrating them. Gatsby (1 & 3)	What are skills? PowerPoint of Good and Bad skills and a prompt on identifying skills Supporting PSHE careers section Assembly/ Workshop	
	To develop revision techniques on which factors can have a positive or negative impact on their grades, resulting in increasing opportunities for future employment. Gatsby (1 & 3)	·	
	To explore what their dream job is, looking into their top 3 career paths which they are interest in and how to achieve them. Gatsby (1, 2, 3, 4, 5, 6, 8)	What is your dream job PP PSHE career booklets Unifrog careers library School staff to speak to pupils inform about the steps taken to achieve their career goals.	
Charity and Service	To understand servant leadership and the moral imperative to serve and share To develop an attitude of gratitude and a commitment to service and charity To explore/experience serving others in settings in and out of school and promoting a better and more just society through service and charity	Charity events – including raising money for CAFOD, The Royal British Legion, the Christmas food hamper appeal Supporting Zoe's Place Baby Hospice (Year group charity) Collections for the Nugent Food bank markets	
	Charity	Assemblies and workshops from outside speakers	

Subject	Aims and purpose/Intent	Content Summary
Spiritual Formation	To understand more about their own spiritual tradition and that of others, to understand the spiritual roots of the school and its founder To develop as critical thinkers as they reflect on their place in the world. Philosophical questions of human existence and Christian answers to the questions. To explore/experience the sources and interpretations for our knowledge of the past	 Chapel – provision for reflection for pupils, time spent in curriculum and non-curriculum time in the chapel Collective Worship – daily, based on a theme for the week which challenges Community Advent service Lent services Weekly Mass (Wednesday) and involvement of local clergy Welcome Mass Retreats Liverpool Catholic Schools' Cathedral Mass Good Shepherd Mass West Derby Learning Network Mass

We firmly believe that a meaningful PSHE curriculum is the key to students becoming confident, tolerant and well-rounded adults. Our intention is that, when students progress through their journey at Cardinal Heenan, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. To understand: • the importance of having high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. • how to keep themselves and others safe and healthy in all its form. • democracy, government and law. • their place in society as responsible citizens. To develop • a confidence in sharing their own thoughts and opinions with others. • skills and attributes to keep themselves healthy and safe. • an attitude of a responsible global citizen. • tolerance of others' beliefs, religions and life choices. To build positive, respectful relationships with other people. To explore: • Transition to secondary school and personal safety in and outside school, including first aid • Mental Health and Wellbeing: • Developing skills and aspirations: Careers, teamwork and enterprise skills, and raising aspirations: Poiversity: Diversity, prejudice, and bullying • RSE Healthy routines, influences on health, puberty, unwanted contact • Building relationships Self-worth, romance, friendships and relationship boundaries • Financial decis	 confident, tolerant and well-rounded adults. Our intention is that, when students progress through their journey at Cardinal Heenan, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. To understand: the importance of having high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. how to keep themselves and others safe and healthy in all its form. democracy, government and law. Transition to secondary school and personal safety in and outside school, including first aid Mental Health and Wellbeing: identifying low mental health and mental health illness, strategies to maintain and develop positive mental health and wellbeing. 	Subject	Aims and purpose/Intent	Content Summary
	 To develop a confidence in sharing their own thoughts and opinions with others. skills and attributes to keep themselves healthy and safe. an attitude of a responsible global citizen. tolerance of others' beliefs, religions and life choices. To build positive, respectful relationships with other people. To explore: a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. From exposure to a range of global issues and problems, students can build up tolerance, resilience and a sense of responsibility of being a global citizen. From engagement with a variety of interactive and discussion-based resources, students can understand the different lifestyles that people may live and be respectful and tolerant towards Diversity: Diversity, prejudice, and bullying RSE Healthy routines, influences on health, puberty, unwanted contact Building relationships Self-worth, romance, friendships and families (including online) and relationship boundaries Financial decision making Saving, borrowing, budgeting and making financial choices 	•	We firmly believe that a meaningful PSHE curriculum is the key to students becoming confident, tolerant and well-rounded adults. Our intention is that, when students progress through their journey at Cardinal Heenan, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. To understand: • the importance of having high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. • how to keep themselves and others safe and healthy in all its form. • democracy, government and law. • their place in society as responsible citizens. To develop • a confidence in sharing their own thoughts and opinions with others. • skills and attributes to keep themselves healthy and safe. • an attitude of a responsible global citizen. • tolerance of others' beliefs, religions and life choices. To build positive, respectful relationships with other people. To explore: • a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. From exposure to a range of global issues and problems, students can build up tolerance, resilience and a sense of responsibility of being a global citizen. From engagement with a variety of interactive and discussion-based resources, students can understand the different lifestyles that people may live and be respectful and tolerant towards	 Transition to secondary school and personal safety in and outside school, including first aid Mental Health and Wellbeing: identifying low mental health and mental health illness, strategies to maintain and develop positive mental health and wellbeing. Developing skills and aspirations: Careers, teamwork and enterprise skills, and raising aspirations Diversity: Diversity, prejudice, and bullying RSE Healthy routines, influences on health, puberty, unwanted contact Building relationships Self-worth, romance, friendships and families (including online) and relationship boundaries Financial decision making Saving, borrowing, budgeting and making