

# Welcome to Cardinal Heenan



Hello Year 7 and welcome! Your drama teachers are very much looking forward to meeting you and helping you develop your performance skills and confidence through our fun practical lessons. 😊

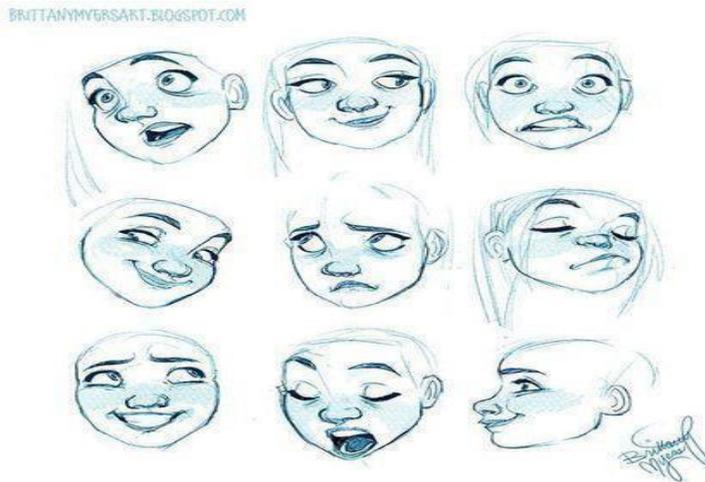
Below are some activities that you might like to try over the summer.

## Facial Expressions

Facial expression is how you change your facial features to show a character's feeling or attitude. It can help you communicate how you feel about a situation or another character. It is important as an actor that you can show a wide range of emotions using your facial expressions.

Look at the pictures below. Can you label the mood you think the facial expression represents? The first one is done for you

Annoyed



Watch this you tube clip and try some of the exercises!

<https://www.youtube.com/watch?v=fr6bsl4J7Vc>

Now try using your facial expressions to show an emotion to one of your family. Ask them to guess what emotion you are showing – if they get it you are doing a good job!

Here are some ideas for emotions but see if you can come up with some of your own too!

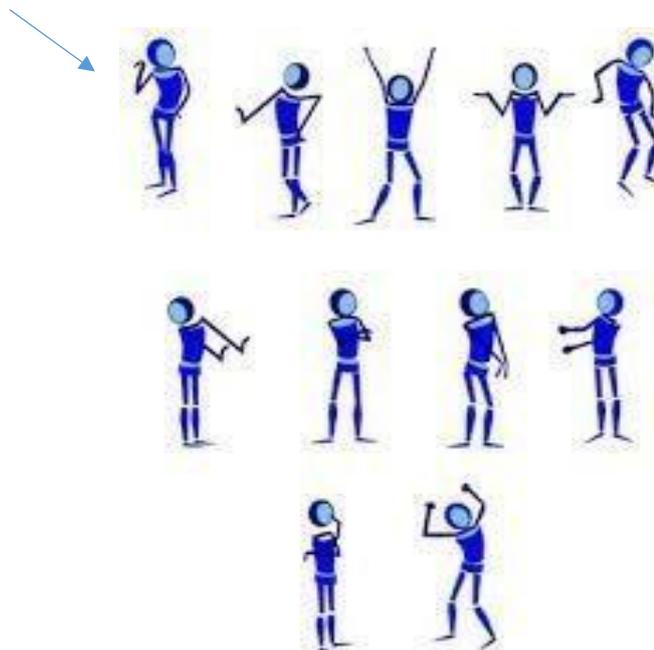


## Body language

Body language is how you change your body to physically show a character. The way you sit and stand helps tell us how a character is feeling or what a character is thinking.

### Task 1

Look at the pictures below. Can you label the mood you think the body language represents? The first one is done for you.



Relaxed

Watch this clip and focus on how the actors are using their body language.

<https://www.youtube.com/watch?v=ZwiNfcghrks>

Now try using your body language to show an emotion to one of your family. Ask them to guess what emotion you are showing – if they get it right you are doing a good job!

*Can you move between the following emotions making sure your body language is clear for each emotion?*

