



CARDINAL HEENAN MENU CYCLE WEEK 1



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>CHICKEN & PEPPERCORN</u></p> <p>Roasted chicken breast served with creamy mash potato & peppercorn sauce. Served with green beans.</p>	<p><u>LASAGNE</u></p> <p>Lasagne made in house served with garlic bread and freshly steamed vegetables</p>	<p><u>CHICKEN FRIED RICE</u></p> <p>Egg fried rice with chicken, spring onions, soy sauce and Chinese five spice. Served with sweetcorn and peas.</p>	<p><u>SINGAPORE BEEF NOODLE STIR FRY</u></p> <p>Stir fry vegetables with egg noodles and strips of rump steak.</p>	<p><u>FISH AND CHIPS</u></p> <p>Fish and Chips served with mushy peas.</p> <p>Curry, Rice and Chips.</p>

DELI BAR, PASTA BAR AND THE HALL

- ***BBQ CHICKEN PANINIS / CHEESE PANINIS - TOMATO, CHILLI & PEPPERONI PASTA / TOMATO, CHILLI PASTA***
 - ***FRESHLY MADE SANDWICHES, FRUIT POTS, SALADS, CAKES AND BISCUITS***

